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# PRESS RELEASE

## Wounded Veteran John Kriesel Releases 2018 Updated Edition of Best-Selling Book

**Saint Paul, July 16, 2018:** Wounded war veteran John Kriesel and author Jim Kosmo have released the 2018 Updated Edition of their 2010 best-selling, national award-winning book, *Still Standing: The Story of SSG John Kriesel*.

The 2018 Updated Edition details what Kriesel has accomplished over the past eight years since publication of the original book detailing his recovery from catastrophic injuries suffered when a 200-pound roadside bomb exploded beneath his Army Humvee near Fallujah, Iraq on Dec. 2, 2006. The explosion ripped off his legs, caused numerous other very serious injuries, and killed two close buddies.

At the first field hospital in Iraq, Kriesel died three times on the operating table and was shocked back to life. Shortly after waking from an eight-day coma at Walter Reed Army Medical Center in Washington D.C. and discovering that his nightmare was real, the Minnesota National Guard soldier vowed to make the most out of his second chance at life. "It would be pretty crappy of me to sit here and complain about my situation when I get a second chance at life that my fallen comrades did not."

Initially, he was told he might not walk again and would be hospitalized for two years. Nine months and thirty-five surgeries later he walked out of the hospital on his two prosthetic legs.

Today, Kriesel spends his days as a Veteran Service Officer. He also is a regular voice on KFAN Radio in Minneapolis and has become a sought-after motivational speaker appearing before major corporations, associations, and conferences throughout the country.

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His message can be applied to any circumstance as he describes how attitude is the most important tool to overcome any adversity, large or small. "What happened to me will not happen to almost anybody else," he asserts, "but we will all face adversity at some point in our lives, and it is the attitude that we bring to the table that will help you get through it."

Kriesel also served one term in the Minnesota House of Representatives where he was instrumental in the passage of legislation to construct U.S. Bank Stadium, home of the Minnesota Vikings. He gained notoriety as a legislator for his willingness to break from party lines. Kriesel chose not to run for re-election when his family said they wanted him to spend more time with them.

*Still Standing* has received eight national book awards and the 2018 Updated Edition, the eleventh printing of *Still Standing*, sold out in a month as the new version jumped into the top one percent of sales on Amazon.com.

The new version of *Still Standing* is available in print and eBook from publisher Beaver's Pond Press [www.itascabooks.com/still-standing.html](http://www.itascabooks.com/still-standing.html), as well as from major book sellers Amazon and Barnes & Noble. Additional information on the book or hiring Kriesel to speak to your group is available at [www.JohnMKriesel.com](http://www.JohnMKriesel.com) or [www.StillStanding.com](http://www.StillStanding.com).